













KENRIDGE U/7 - U/9 NETBALL NETBALL



Dear Netball Parents

We are looking forward to an awesome netball season! Our focus will be on “**GROWTH**” and “**MAKING WAVES**” as we develop our future netball stars.

Guidelines for the season ahead:

-  Practices are held twice a week.
-  Matches will be announced – most Wednesdays.
-  All age groups will train together over 3 courts during their **training** session times. Players' progression will be tracked throughout the season. Teams will be selected once matches commence.
-  • Netball practices commence on day 1 of Term 2. (See *Netball Practice Times* document on *School Communicator*).
-  • The **PE uniform** is the netball playing outfit. Shorts are allowed for mini netball; u/7 to u/9.
-  No secret socks may be worn. **Thick white anklet or mid-calf socks** are preferred.
-  • We advise that a good **court shoe** is purchased with a hard sole so as to prevent achilles tendon, knee and ankle injuries. **Laces** are to be tightly secured over the foot at all times.
-  • All players must be **neatly dressed**, with hair clipped back out of the eyes. No watches or jewellery may be worn.
-  • The **height** of the netball **pole** ring is **2.5 metres**. A **size-4 ball** is used.
-  **The Netball term planner must be consulted when planning activities so that girls are available, for all scheduled league matches and tournaments.**

THE NETBALLERS ARE  **KPS**
MAKING WAVES

THIS YEAR!