

GRADE 1 SWIMMING 1st TERM 2024 (Extra mural)

This pertains to any Grade 1 children interested in doing swimming as an extra mural activity.

There will be swimming assessments for the Grade 1 swimmers from 13:30-14:05 on the following days:

Tuesday, 23 January	13:30-14:05 (English classes)
Wednesday, 24 January	13:30-14:05 (Afrikaans classes)

Please send your child if they are confident enough to come to swim a length of the school pool, and if they CAN swim at least 15-20m of freestyle and / or backstroke without stopping.

The girls can get changed into their swimming costumes after school in their classrooms, and their class teacher will walk them to the swimming pool where they will be met by the coaches.

The boys can come dressed in their swimming costumes under their school shorts.

The swimmers need to be collected from the entrance to the pool.

The ASC will come to collect the learners attending Aftercare.

All parents of learners who attended the trials/assessments will receive an email on Thursday, 25 January and the children selected to join the Gr 1 swimming squad will start the following week. Unfortunately, we cannot cater for everyone in Grade 1, as we do not have the manpower or the time to physically teach swimming one on one.

The selected children may attend lessons on Mondays, Tuesdays, Wednesdays or Thursdays at 13:30 – 14:00. One session is sufficient, two is ideal, but we realise that the learners have other sports practices they may like to attend.

We are also having one Gr 1 Beginner group on Mondays from 14:00-14:30, which will be for swimmers who just missed the squad training. They will also be invited.