



1st TERM SPORT AND CULTURAL TIMETABLE 2026 SPORT- EN KULTUUR ROOSTER 1^{ste} KWARTAAL

GRADE 1 – 7 SCHOOL ACTIVITIES / GRAAD 1 – 7 SKOOL AKTIWITEITE

ACTIVITY / AKTIWITEIT	MONDAY / MAANDAG	TUESDAY / DINSDAG	WEDNESDAY / WOENSDAG	THURSDAY / DONDERDAG	FRIDAY / VRYDAG
ATHLETICS / ATLETIEK TEAM & PRE - TEAM (C. Hill/M. Steyn)		U/12 - U/13 Discus & Javelin (Koos Eksteen Field) 06:45 – 07:15 U/10 – U/13 Middle Distance (Mashford Field) 06:45 – 07:15		U/12 – U/13 Discus & Javelin (Koos Eksteen Field) 6:45 – 7:15 U/10 – U/13 Middle Distance (Mashford Field) 6:45 – 7:15	
	U/10 - U/13 (Field): 14:30 - 15:30 U/9 – U/13 (Track): 15:30 - 16:30 (Lötter Field)	U/9 – U/13 (Track): 14:30 - 15:30 U/10 – U/13 (Field): 15:30 - 16:30 (Lötter Field)	U/9 – U/13 (Conditioning) 14:30 – 15:30 (Lötter Field)		
			U/9 – U/10 15:30 – 16:30	U/11 – U/13 14:30 – 15:30	
ATHLETICS/ATLETIEK – SOCIAL (A. Leask) Lötter Field					
ATHLETICS - MINI (J. de Jongh)		Boys - Non-Team (Gr 1 & 2) 13:30 – 14:30 (Koos Eksteen Field) Girls and Boys – Team (By invitation only) 13:30 – 14:15 (Lötter Field)	Girls - Non-Team (Gr 1 & 2) 13:30 – 14:30 (Koos Eksteen Field) Girls and Boys – Team (By invitation only) 13:30 – 14:15 (Lötter Field)		
CHESS – SOCIAL (A. van Rooy)		Gr 2 – 7: 14:30 – 15:30 Class 4SV (Sandra Visagie)		Gr 3 – 7: 14:30 – 15:30 Class 4SV (Sandra Visagie)	
CHOIR / KOOR (JUNIOR) (N Strydom)		07:15 – 07:45 (School Hall)		07:15 – 07:45 (School Hall)	
CHOIR / KOOR (SENIOR) (M Theron)		17:00 – 19:00 (School Hall)			
CRICKET / KRIEKET (D. Myburgh)	U/10 Match Day U/12 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/10 & U/11 Girls' Cricket: 16:00 – 17:00 (Lötter Nets)	U/12 Match Day U/11 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/12 & U/13 Girls' Cricket (Pre Team): 16:00 – 17:00 (Mashford Fields)	U/11 Match Day U/13 Practice: 14:30 - 16:00 (Mashford + Lötter Fields) U/12 – U/13 Girls' Cricket (Team): 16:00 – 17:00 (Lötter Field)	U/13 Match Day U/10 Practice: 14:30 - 16:00 (Mashford + Lötter Fields)	U/13 Girls' Cricket Match Day
CRICKET/KRIEKET - MINI (D. Myburgh)	Gr 1 Practice: 13:30 – 14:15 (Lötter Field) Gr 2 Practice: 13:30 - 14:30 (Koos Eksteen Field) Gr 3 Practice: 14:30 - 15:30 (Koos Eksteen Field)			Gr 1 Practice: 13:30 – 14:15 (Lötter Field) Gr 2 Practice or Match: 13:30 - 14:30 (Koos Eksteen Field) Gr 3 Practice or Match: 14:30 - 15:30 (Koos Eksteen Field)	
CYCLING/FIETSRY (Learn to ride) (M. Steyn)	- Own bicycle / Eie fiets - Able to cycle independently / In staat om onafhanklik fiets te kan ry				
	Level 1: FUNonPEDALS (Beginners) 16:30 – 17:30 (Koos Eksteen Field)	Level 3: Racing Snakes (Advanced) 17:00 – 18:00 (Bloemendal) Riders by invitation only	Level 2: Train (Intermediate) 16:00 – 17:00 (Koos Eksteen Field)		

ACTIVITY / AKTIWITEIT	MONDAY / MAANDAG	TUESDAY / DINSDAG	WEDNESDAY / WOENSDAG	THURSDAY / DONDERDAG	FRIDAY / VRYDAG
KIDS COLLAGE (C. Aldrich) 20 max per group - Own stationery essential	Gr 1: 14:30 – 15:15 Class 1CS (Charmaine Scheepers) Class 1KH (Kylie Hodgkinson)	Gr 1: 14:30 – 15:15 Class 1CS (Charmaine Scheepers) Class 1KH (Kylie Hodgkinson) Gr 2 - 4: 14:30 – 15:30 Class 2BM (Celesti Aldrich)		Gr 2 - 4: 14:30 – 15:30 Class 2BM (Celesti Aldrich)	
KIDS LIT CLUB (T. Burness)		Gr 5 – 7 14:15 – 15:15 (Library)			
PUBLIC SPEAKING (L. Preuss)	Gr 5 – 7 ENG & AFR: 14:15 – 15:15 Class 4OB (Ode Botha)				
SPEEDSTACKING (E. Ludick)			Gr 1 – 7: 07:10 – 07:40 (GF van Wyk Centre)		
STORY / STORIE “FUNTASTIQUE” (C. Scheepers)			Gr 1: 13:30 – 14:30 Class 1GS: (Venessa Goodman)	Gr 2 13:30 – 14:00 Class 1CS (Charmaine Scheepers)	
SWIMMING / SWEM (L. du Plessis) LEARNERS MUST BE ABLE TO SWIM A WIDTH WITHOUT STOPPING. All new swimmers will be assessed.	Gr 1: 13:30 – 14:00 (Swim squad by Invitation) Gr 1: 14:00 – 14:30 (Development group by invitation) Level 2: Gr 4 14:30 – 15:00 Level 2: Gr 5 – 7 15:00 – 15:30 Level 2 + 3: Gr 3 15:30 - 16:00 Level 3: Gr 4 - 7 16:00 – 16:45	Gr 1: 13:30 – 14:00 (Swim squad by Invitation) Level 1: Gr 2 14:00 - 14:30 Level 2: Gr 2 14:30 - 15:00 Level 2 + 3: Gr 3 15:00 - 15:30 Level 1: Gr 3 + 4 15:30 - 16:00 Level 1: Gr 5 - 7 16:00 - 16:30	Level 3: Gr 4 - 7 06:30 - 7:15 Gr 1: 13:30 – 14:00 (Swim squad by Invitation) Gr 1: 14:00 – 14:30 (Development group by invitation) Level 1: Gr 2: 14:30 - 15:00 Level 2: Gr 2 15:00 - 15:30 Level 2: Gr 4 15:30 - 16:00 Level 2: Gr 5 – 7 16:00 – 16:30	Gr 1: 13:30 – 14:00 (Swim squad by Invitation) Level 2: Gr 2 14:00 - 14:30 Level 3: Gr 4 - 7 14:30 - 15:15 Level 1: Gr 3 + 4 15:15 – 15:45 Level 1: Gr 5 - 7 15:45 - 16:15	
	Level 1: Swimmers are able to swim widths without stopping and require stroke correction. Level 2: Swimmers are able to swim lengths and have mastered some of their strokes; may participate in school galas. Level 3: Swimmers represent the school at galas. They have mastered their stroke techniques and can swim at least 3 of the strokes. Level 3 swimmers need to attend at least one practice per week to be selected for galas.				
TENNIS (A Mostert)	(Main courts: Court 1 – 3) U/11 Team Boys 06:30 – 07:30 Gr 1 Girls: 13:30 – 14:00 Gr 2 Girls: 14:00 – 14:30 U/14 Team Girls 14:30 – 16:00 U/14 Team Boys 16:00 – 17:30 (Swimming pool courts: Court 4 - 6) U/11 Team Girls 14:30 – 15:45	(Main courts: Court 1 – 3) U/11 Team Girls: 06:30 - 07:30 (Main courts: Court 1 – 3) Gr 1 Boys: 13:30 – 14:00 Gr 2 Boys: 14:00 – 14:30 Gr 3 Boys: 14:30 – 15:15 Gr 5 - 7 Boys: 15:15 – 16:00 U/11 Team Boys 16:00 – 17:15 (Swimming pool courts 4 - 6) Grade 4 Boys: 14:30 – 15:15	(Main courts: Court 1 – 3) Under 14 Boys 06:30 – 07:30 (Main courts: Court 1 – 3) Gr 1 Girls: 13:30 – 14:00 Gr 2 Girls: 14:00 – 14:30 League Matches / Liga wedstryde (Courts to be communicated)	(Main courts: Court 1 – 3) Under 14 Girls 06:30 – 07:30 (Main courts: Court 1 – 3) Gr 1 Boys: 13:30 – 14:00 Gr 2 Boys: 14:00 – 14:30 Gr 4 Girls: 14:30 – 15:15 Gr 5 - 7 Girls: 15:15 – 16:00 (Swimming pool courts 4 - 6) Grade 3 Girls: 14:30 – 15:15	Under 9 Pre-Team (Main courts: Court 1 – 3) 06:30 – 07:30 Girls (Rose week) Boys (Lime week)